INDOORCYCLINGTIDBITS.COM

MIXED CLIMB

SONG: JUMP THAT ROCK (WHATEVER YOU WANT,) [EXTENDED MIX] 5:08

ARTIST: SCOOTER VS. STATUS QUO

ALBUM: JUMP THAT ROCK (WHATEVER YOU WANT) - EP

0:00	intro		adjust resistance to reflect moderate climb, cadence 75
1:19	"Whatever you want"		running
1:45	"Stop, stop"		out to standing climb
2:11	"Whatever you want"		back up to running
237	"My name is MC"		return to saddle, adjust resistance if necessary to maintain cadence @ 75
3:05	"Whatever you want"		running
331	instrumental		out to standing climb
3:43	"Whatever you want"		back up to running
4:10	instrumental		return to saddle, adjust resistance if necessary to maintain cadence @ 75
436	instrumental (quieter)	↑ R	add resistance for final push to finish