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MIXED CLIMB

SONG: HIT ME WITH YOUR BEST SHOT (BASSLOUDER REMIX EDIT,) 3:44

ARTIST: NEON NINJA

ALBUM: HIT ME WITH YOUR BEST SHOT- REMIXES- EP

0:00 *intro*



*adjust resistance to reflect moderate climb,
cadence 70-75*

0:26 *"Hit me with"*



out to standing climb

1:13 *heavy beat*



up to running, increase speed to 75-80

1:53 *instrumental
switch*



return to saddle, resume cadence of 70-75

2:20 *"Hit me with"*



out to standing climb

3:00 *heavy beat*



stay in standing climb, increase speed to 75-80