

**MIXED CLIMB**

**SONG:** THE EDGE OF GLORY (SULTAN & NED SHEPARD REMIX) 6:33

**ARTIST:** LADY GAGA

**ALBUM:** BORN THIS WAY (THE REMIX)

0:00 intro



*adjust resistance to reflect moderate climb*

1:07 guitar



*standing climb in the 60's or 70's*

1:52 instrumental  
(change)



*return to saddle, maintain cadence*

2:15 "I'm on the edge"



*increase cadence by 5 rpms*

3:15 silence



*decrease cadence by 5 rpms*

3:46 guitar



*add one level resistance & resume standing climb*

5:07 "I'm on the edge"



*return to saddle, remove one level(s) resistance*

5:38 instrumental  
(change)



*increase cadence by 5 rpms*

6:08 instrumental  
(change)



*decrease cadence by 5 rpms*